

Berry Crumble Oatmeal





5

10 min

Add some texture to your oatmeal with Berry Crumble Oatmeal. Not only does this oatmeal burst with blueberries but is topped with a yummy crumble made with almonds and cinnamon.

Ingredients

Oatmeal

- 3 cups nonfat milk or lowfat soy milk
- 1 ¹/₂ tsp ground cinnamon
- 2 cups <u>Quaker® Oats (quick or old fashioned, uncooked)</u>
- 1 cup frozen (do not thaw) or canned (drained) blueberries

Topping

- 1/2 cup Quaker® Oats (quick or old fashioned, uncooked)
- 1/4 cup sliced almonds
- 1/3 cup firmly packed brown sugar
- 1/2 tsp ground cinnamon

Cooking Instructions

- 1. For topping, combine oats and almonds in medium skillet.
- 2. Cook over medium-low heat 4 to 6 minutes, stirring occasionally, until both are lightly browned.
- 3. Remove from heat; cool completely.
- 4. In small bowl, combine brown sugar and cinnamon.
- 5. Add oat mixture; mix well and set aside.
- 6. For oatmeal, bring milk and cinnamon to boil in medium saucepan; stir in oats.
- 7. Return to boil; reduce heat to medium.

- 8. Cook 1 minute for quick oats, 5 minutes for old fashioned oats, stirring occasionally.
- 9. Gently stir in blueberries.
- 10. Continue cooking, until blueberries are heated through and most of liquid is absorbed, about 1 minute.
- 11. Spoon oatmeal into five cereal bowls.
- 12. Sprinkle topping over oatmeal.