



# Berry Overnight Oats

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Our 5-ingredient breakfast recipe, Berry Overnight Oats is flavorful and easy to make. Mix up yummy oats, juicy berries and a couple more ingredients and pop it in the fridge. In the morning you will have a fresh breakfast option with your favorite seasonal berries.

## Ingredients

- 1/2 cup [Quaker® Oats-Old Fashioned](#)
- 1/2 cup non-fat milk
- 1/2 cup non-fat plain Greek yogurt
- 1 tsp chia seeds (optional)
- 1 cup fresh mixed berries and fruit

## Cooking Instructions

1. Add Quaker® Oats to your container of choice and pour in milk.
2. Layer Greek yogurt, chia seeds and mixed fruit and berries.
3. Refrigerate overnight and enjoy in the morning.
4. Let steep for at least 8 hours in a refrigerator 40°F or colder.
5. Best to eat within 24 hours.