

Blueberry Blackberry Fusion Oat Muffins





6 22-23 min

Enjoy a burst of fruity flavor with these delicious oat muffins infused with the delightful combination of blueberries and blackberries, perfect for a wholesome breakfast or snack.

Ingredients

- 1/2 cup Quaker® Fruit Fusion Instant Oatmeal Blueberry Blackberry
- 2/3 cup all purpose flour or oat flour
- 1/2 cup milk; oat or low fat
- 1/2 tsp baking powder
- 1/4 tsp baking soda
- Ground cinnamon (optional)
- 1/4 cup applesauce; unsweetened
- 1/2 egg
- 1/2 tsp vanilla extract
- 1/2 cup blueberries; fresh or frozen

Cooking Instructions

- 1. Combine milk and oats. Set aside for 10 minutes so the oats soak up some moisture.
- 2. Preheat oven to 425°F.
- 3. Line the desired size muffin pan with muffin liners.
- 4. Whisk the flour, baking powder, baking soda, cinnamon, and salt together in a large bowl until combined. Add blueberries and stir.
- 5. In a separate bowl, whisk together applesauce, egg, and vanilla extract.
- 6. Mix the dry and wet mixtures together and add the soaked oats. Mix.
- 7. Scoop the batter into the muffin tray, filling them all the way to the top.
- 8. Bake for 5 minutes at 425 then, keeping the muffins in the oven, reduce the oven temperature to 350°F (177°C). Bake for an additional 16-17 minutes or until a toothpick

inserted in the center comes out clean. The total time these muffins take in the oven is about 22-23 minutes.

9. Allow the muffins to cool for 5 minutes in the muffin pan, then transfer to a wire rack to continue cooling.