



Blueberry Lemon Overnight Oats

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Brighten up your morning with Blueberry Lemon Overnight Oats. This make ahead recipe is an easy grab-and-go breakfast option when you're in the mood for something fruity and fresh. A spoonful of thick, creamy, and tart oats breakfast can even drive away the Monday blues.

Ingredients

- 1/2 Cup(s) [Quaker® Oats-Old Fashioned](#)
- 1/2 Cup(s) lowfat milk
- 1 tbsp. blueberry jam
- 1/2 tsp. lemon rind
- 1/4 tsp. Vanilla extract
- 1/4 Cup(s) blueberry

Cooking Instructions

1. Add Quaker Oats to your container of choice, pour in milk, and layer blueberry jam, blueberries, vanilla, and lemon rind.
2. Refrigerate overnight and enjoy when you wake.
3. Let steep for at least 8 hours in a refrigerator 40° F or colder. Best to eat within 24 hours.