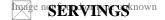


Cherry Vanilla Overnight Oats





1 0 min

Cherry Vanilla Overnight Oats breakfast recipe is creamy and sweet. With seasonal tart cherries, a dash of cinnamon, low fat dairy and flax seeds, this recipe makes for a refreshing breakfast option.

Ingredients

- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup nonfat milk
- 1/4 cup plain, nonfat yogurt
- 1/2 cup cherries, pitted
- 1 tsp cinnamon
- 1 tsp flax seed

Cooking Instructions

- 1. Add Quaker® Oats to your container of choice and pour in milk.
- 2. Alternate between layers of pitted cherries and layers of low-fat yogurt.
- 3. Add a layer of pitted cherries.
- 4. Top off with cinnamon and flax seeds.
- 5. Place in fridge and enjoy in the morning or a few hours later.
- 6. Let steep for at least 8 hours in a refrigerator 40°F or colder.
- 7. Best to eat within 24 hours.