

Chocolate Almond Energy Bites

SERVINGS

COOKING TIME

6

Ingredients

- 3 cups Quaker® Life® Chocolate Cereal
- 2 tbsp chia seeds
- 1/3 cup almond butter (see note)
- 1 tbsp honey
- 2 tbsp water
- 1 tsp vanilla extract
- 2 tbsp sliced almonds, toasted if desired

Cooking Instructions

- 1. Place cereal and chia seeds in large bowl; coarsely crush cereal.
- 2. In small bowl, stir together almond butter, honey, water and vanilla until smooth.
- 3. Add to cereal; stir with rubber spatula until well combined.
- 4. Spray muffin pan cups with nonstick spray or line with cupcake liners.
- 5. Press 2 tablespoons cereal mixture into each cup.
- 6. Sprinkle with sliced almonds (about 1/2 teaspoon per bite), pressing gently into cereal mixture, if using.
- 7. Refrigerate covered until firm.
- 8. Store leftovers in refrigerator up to one week.