

Citrus-Ricotta Oatmeal





1 5 min

Both creamy and zesty, Citrus-Ricotta Oatmeal is a delicious way to help start your morning. Enjoy this sweet, fruity and crunchy bowl with breakfast all year-round. Not only does this dish burst with flavors but can be made in just 5 minutes.

Ingredients

- 1/2 cup Quaker® Oats (quick or old fashioned, uncooked)
- 1 cup water
- 1/4 cup reduced-fat ricotta cheese
- 1/2 tsp orange zest
- 1 tsp honey
- 3 fresh orange segments
- 2 tsp coarsely chopped walnuts, toasted if desired
- 1 tsp light brown sugar

Cooking Instructions

- 1. In medium saucepan bring water to a boil. Stir in oats.
- 2. Cook uncovered over medium heat, 1 minute for Quick Oats, 5 minutes for Old Fashioned Oats, stirring occasionally until most of the liquid is absorbed.
- 3. Stir in ricotta, orange zest and honey.
- 4. Top with orange segments, walnuts and brown sugar.