



Life Cereal Yogurt Bark

 **SERVINGS** not found or type unknown

6

 **COOKING TIME** not found or type unknown

0 min (+ 3 hrs freeze)

This simple recipe creates a delightful yogurt bark using Life cereal for a crunchy twist, perfect for a refreshing snack or dessert.

Ingredients

- 3 cups whole fat Greek yogurt
- 2 tbsp honey
- 1/2 tsp vanilla extract
- 1/2 cup [Life Cereal - Original](#)
- 1/2 cup fresh blueberries
- 1/2 cup fresh raspberries

Cooking Instructions

1. Start by prepping your pan. Lay a 13x18" baking sheet with parchment paper and set aside. If your freezer can't fit that size then divide the recipe between 2 9x13" baking sheets.
2. Mix together the yogurt, honey, and vanilla extract. Spread it evenly over the baking sheet then evenly distribute the Life Cereal, blueberries, and raspberries. Freeze for at least 3 hours until the yogurt has frozen solid.
3. Carefully break up the yogurt bark and serve or store in the freezer in a container until you want a snack.