



# Minty Dark Chocolate Energy Bites



**SERVINGS**



**COOKING TIME**

24

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Minty Dark Chocolate Energy Bites taste a bit like peppermint patties but make for a perfect little snack to enjoy between meals. While the ingredients are simple and the recipe instructions are easy, the flavors of dark chocolate and mint make this rich and decadent.

## Ingredients

- 2/3 cup [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1 1/2 cups pitted dates
- 2 tablespoons flax seeds
- 3 tablespoons honey
- 1/4 cup unsweetened cocoa powder
- 3/4 teaspoon peppermint extract

## Cooking Instructions

1. Place all ingredients in the bowl of a food processor.
2. Blend until ingredients form a sticky ball.
3. With slightly wet hands, form about a tablespoon each into a tight ball.
4. Refrigerate, covered, until chilled.
5. Store leftovers in refrigerator, covered.