



Mixed Berry Overnight Oats

 **SERVINGS** not found or type unknown

1

 **COOKING TIME** not found or type unknown

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The blend of sweet berries like blackberries and raspberries, bananas, creamy yogurt, and oats is perfect for a grab and go breakfast option. Just prepare Mixed berry Overnight Oats the night before and enjoy in the morning.

Ingredients

- 1/2 cup [Quaker® Oats-Old Fashioned](#)
- 1/2 cup low-fat yogurt
- 1/2 cup low-fat milk
- 2 tsp chia seeds
- 1/4 cup blackberries, sliced
- 1/4 cup raspberries
- 1/4 cup banana, sliced

Cooking Instructions

1. Add Quaker® Oats to your container of choice, pour in milk, add low-fat yogurt, and sprinkle in chia seeds.
2. Add in combined mixture of sliced blackberries, sliced banana, and raspberries.
3. Place in fridge and enjoy in the morning or a few hours later.
4. Let steep for at least 8 hours in a refrigerator 40°F or colder.
5. Best to eat within 24 hours.