



Oatmeal Bowl with Mango, Chia and Coconut



SERVINGS

1



not found or type unknown

COOKING TIME

2-1/2 to 3 minutes

If oatmeal is your morning go-to, our recipe, Oatmeal Bowl with Mango, Chia and Coconut, is a must try. Add in mango and coconut to your oatmeal for a tropical flavored breakfast option you can make in 3 minutes.

Ingredients

- 1/2 cup(s) [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1/2 cup(s) chopped mango, divided
- 1 cup(s) water
- 1 tablespoon(s) unsweetened shredded coconut
- 1/2 tablespoon(s) chia seeds

Cooking Instructions

1. Combine oats, 1/4 cup mango and water in microwave-safe bowl.
2. Microwave on HIGH 1-1/2 to 2 minutes for quick oats or 2-1/2 to 3 minutes for old fashioned or until desired consistency.
3. Top with remaining mango, coconut and chia seeds.
4. Dairy-free, gluten-free if made with Quaker Gluten Free Oats, nut-free, vegan, vegetarian.