



Oatmeal Pumpkin Bars

 **SERVINGS**

12

 **COOKING TIME**

25 min

Oatmeal Pumpkin Bars are the perfect dessert to treat yourself and loved ones with this fall. Whether you make them for Halloween, Thanksgiving, or just to celebrate the start of season, this recipe will be a fall staple.

Ingredients

- 1/3 cup sugar
- 1/2 cup coconut oil
- 1 cup canned pumpkin
- 1 cup whole wheat flour
- 3 tsp baking powder
- 1/2 tsp baking soda
- 1 tsp ground cinnamon
- 1/4 tsp nutmeg
- 1/2 cup orange juice
- 1/2 cup chopped cinnamon sugar almonds
- 1/2 cup raisins
- 1/4 cup coconut
- 1 egg
- 3/4 cup [Quaker® Oats-Old Fashioned](#)

Cooking Instructions

1. Preheat oven to 350°F.
2. Cream sugar, oil, egg and pumpkin until light and fluffy.
3. Stir in flour, oatmeal, baking powder, baking soda, cinnamon, nutmeg, and orange juice.
4. Add almonds and raisins. Stir to blend.
5. Line cookie sheet with parchment paper.
6. Spread onto paper.

7. Bake at 350°F for 25-30 minutes.
8. Let cool completely and then cut into bars.