



Orange Juice Oatmeal with Banana & Dates



SERVINGS



COOKING TIME

4

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Orange Juice Oatmeal with Banana & Dates is a fun and tangy twist on traditional oatmeal. Let the oats absorb the juice and combine in the other ingredients for an easy breakfast option infused with fruity flavors.

Ingredients

- 2 cups Tropicana Pure Premium® orange juice
- 1 cup water
- 1/4 teaspoon salt (optional)
- 1/8 teaspoon ground nutmeg
- 1-1/2 cups [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 3/4 cup chopped dates or raisins
- 1 medium-size ripe banana, mashed

Cooking Instructions

1. In medium saucepan, bring juice, water, salt and nutmeg to a boil.
2. Stir in oats and dates.
3. Return to a boil; reduce heat.
4. Cook 1 minute for quick oats or 5 minutes for old fashioned oats or until most of liquid is absorbed, stirring occasionally.
5. Stir in banana.
6. Let stand until of desired consistency.