



Overnight Oats 3 ways



SERVINGS

1



COOKING TIME

0 min

Whether you're looking for different ways to enjoy breakfast or prepping breakfast for multiple people, Overnight Oats 3 Ways is sure to be a hit. Simply prepare overnight oats and top with either strawberries, blueberries, or apples.

Ingredients

- 1/2 cup [Quaker® Oats-Old Fashioned](#)
- 1/2 cup nonfat milk
- 1/2 cup strawberries, blueberries, or apples, chopped

Cooking Instructions

1. Add Quaker® Oats to your container of choice, pour in milk, and add sliced strawberries, blueberries or apples.
2. Refrigerate overnight and enjoy in the morning.
3. Let steep for at least 8 hours in a refrigerator 40°F or colder.
4. Best to eat within 24 hours.