



PB&J and Apple Oatmeal

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1

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5 min

PBJ and Apple Oatmeal combines the comforting flavors of peanut butter and jelly with the sweetness of apples in a hearty and nutritious breakfast bowl.

Ingredients

- 1/2 cup [Quaker® Oats \(Quick or Old Fashioned\)*](#)
- 1/2 cup fresh apple, diced
- 1 tbsp peanut butter (or almond butter)
- 1 tbsp strawberry jelly

Cooking Instructions

1. Prepare oatmeal as usual, add toppings and enjoy!
2. For additional topping ideas, try adding fresh strawberries, honey, or dry roasted peanuts.