



Peanut Butter & Banana Energy Bites



SERVINGS

24



COOKING TIME

0 min

Wholesome chewy oats, peanut butter, banana, a couple other ingredients rolled together into bite sized balls create an easy but delicious snack. Not only are these peanut butter banana energy bites yummy, but they require only 5 ingredients to be combined and need to be chilled before serving.

Ingredients

- 2 ½ cups [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 2 tbsp honey
- ¼ cup creamy or chunky peanut butter
- 1 cup ripe mashed banana (about 2 large bananas)
- 1 tsp ground cinnamon

Cooking Instructions

1. Place oats and cinnamon in large bowl; stir to blend well.
2. Add mashed banana, peanut butter and honey.
3. Stir until ingredients are well blended.
4. Shape into 24 (about 1-inch diameter) balls.
5. Refrigerate, covered, until chilled.
6. Store leftovers in refrigerator, covered.