



Pineapple Banana Pecan Slow Cooker Oats

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4

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Ingredients

- 1 Cup(s) [Quaker® Steel Cut Oats - Quick 3-Minute](#)
- 3 Cup(s) low fat or fat free milk
- Salt
- 1 Tablespoon(s) unsalted butter
- 3 Tablespoon(s) brown sugar
- 1/2 Cup(s) diced fresh pineapple
- 1 Banana, sliced
- chopped pecans, toasted

Cooking Instructions

1. Combine oats, milk, and salt in a 2½-quart slow cooker.
2. Cover and cook at low heat for 6 to 8 hours.
3. Before serving, melt butter in a small skillet over medium heat.
4. Add the brown sugar and pineapple and cook just until pineapple starts to release its juices, about 2 minutes.
5. Off heat, fold in the banana.
6. Spoon topping and sprinkle with pecans.