



Quaker® Pineapple Banana Protein Smoothie



SERVINGS

2



COOKING TIME

0 min

This bright and refreshing smoothie has the kick of ginger and is a good source of protein.

Ingredients

- 1 pack [Quaker® Protein Instant Oatmeal - Banana Nut](#)
- 1 cup orange juice
- 1 cup frozen pineapple chunks
- 1/2 cup yogurt, plain
- 1 ½ ginger powder, spice

Cooking Instructions

1. Blend all ingredients until the mixture has reached desired thickness (if too thick, add additional juice as desired).