



# Strawberries & Cream "Chilled" Oats



**SERVINGS**

1



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**COOKING TIME**

0 min

Our make-ahead Strawberries and Cream Oatmeal is sweet and creamy that uses less than 5 ingredients and a night in the refrigerator. Try our chilled oats recipe that uses Instant Oats and make your breakfast yummy.

## Ingredients

- 1 packet [Quaker® Instant Oatmeal - Strawberries and Cream](#)
- 2/3 cup yogurt (Greek, plain or vanilla)
- 1 tbsp seeds (flax, sunflower, chia, or pumpkin seeds)

## Cooking Instructions

1. Empty dry oatmeal packet into yogurt and add your favorite seeds.
2. Stir to combine and enjoy for a “chilled” oatmeal treat!
3. Garnish with fresh strawberries (optional).