



# Strawberry Banana Smoothie Bowl

 **SERVINGS**

4

 **COOKING TIME**

15 Minutes

Step your smoothie bowl game up a notch with this recipe for our Strawberry Banana Smoothie Bowl. Made with incredible ingredients like dates, Naked Strawberry Banana Smoothie, pumpkin pie spices, and more, this bowl can be whipped up in 15 minutes.

## Ingredients

- 2 Bananas
- 4 Dates, pitted
- 2 tbsp Almond butter
- ½ tsp Vanilla extract
- ½ cup Greek yogurt
- 1 cup Naked Strawberry Banana Smoothie
- ½ cup [Quaker® Oats-Old Fashioned](#) rolled oats
- 1 tbsp Ground flax seeds
- 1 tsp Pumpkin pie spice
- ¼ cup Toasted sliced almonds

## Cooking Instructions

1. Reserve HALF of one banana and set aside for plating.
2. Peel and slice the remaining bananas. Place on a plate in the freezer for at least 30 minutes.
3. In a blender, combine frozen bananas, dates, almond butter, vanilla extract, only ½ cup of yogurt, and only 1 cup of Naked Strawberry Banana Smoothie. Blend for a few seconds.
4. Add the oats, flax, and pumpkin pie spice and blend until smooth and creamy, about 1 minute. Add ½ to ¾ cup of water depending on preferred thickness.
5. Peel and slice the remaining banana for garnish.
6. Divide the smoothie between four bowls. Top with toasted almonds and sliced banana.
7. Enjoy!