



# Strawberry Blueberry Overnight Oats

 **SERVINGS**

 **COOKING TIME**

2

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This make-ahead breakfast option is just what you need if the mornings are rushed. Layer the ingredients for Strawberry Blueberry Overnight Oats in a container or jar and let them chill in the refrigerator for the night. By the time you wake up breakfast will be ready, and you can take back a little time and relish your cup of tea or coffee in the mornings.

## Ingredients

- 1 cup [Quaker® Oats-Old Fashioned](#)
- 1 cup almond milk
- 12 strawberries
- 1/4 teaspoon ground cinnamon
- 1/4 cup maple syrup
- 1 package blueberries

## Cooking Instructions

1. Remove the stems from strawberries and discard.
2. Slice the strawberries into quarters lengthwise; set aside.
3. Layer the Quaker® Oats, almond milk, cinnamon, blueberries, strawberries and maple syrup into two bowls or jars with lids.
4. Cover and place in refrigerator and let sit for at least 5 hours or up to 12 hours.
5. When ready to eat, remove from the refrigerator and stir if desired or leave as a parfait.
6. Enjoy!